

Pastoral Prayer  
February 1, 2026

Dear Jesus,

Feed us today. The world is good at presenting us the choice between snacks and meals, and the former are sweet and appealing. The latter often seem dull and sour. Feed us today on the bread of heaven and the wine of joy. May our spirits be nourished with purpose and exultation.

We know that the path of the Beatitudes leads through thorny thickets and along troubled trails. We ask your strength to bring us along our journey of life. Bring us healing when we are injured or ill. Bring us guidance when we are lost. Bring us companionship when we are lonely. Bring us courage when we are afraid. Bring us rest when we can go no further in that day.

Bring these blessings as well to neighbors, friends, family, and strangers across the globe. The sick, the oppressed, the hungry, the spiritually dry: all these need your comforting presence, and we pray you bring it to them speedily. Go also to those who bring harshness, oppression, and cruelty to other human beings. Melt their frozen hearts. Set them on the climb to the top of the mountain, and to the wisdom you shared so long ago.

We bless your name, O Jesus.

Amen.