

July 24, 2012

**FOR SUNDAY: JULY 29, 2012**  
**SCRIPTURE: Ephesians 3:14-21**  
**SERMON: You Got it!**  
**Pastor Ron Kent conducting**

Pastor Tom is on vacation and will return to Hilo on August 2. We thank the Rev. Ron Kent for filling in during the past month. He has conducted the worship services and will also be offering a memorial service on Saturday.

### SUNDAY SCHOOL KICK-OFF BREAKFAST

On Sunday, August 5, the Sunday School program will start with a kick-off breakfast to greet the students, parents and teachers for the new year. Children will have a chance to meet their teachers. The breakfast starts at 8:45 am. in the Building of Faith.

Our thanks to Sunday school teachers:

Pre-school to 2<sup>nd</sup> grade with Moira Tanaka and Eileen Shiraishi

3<sup>rd</sup> -5<sup>th</sup> grade with Jeanne Hernandez and Eric Tanouye

6<sup>th</sup> -8<sup>th</sup> grade with James Yoshiyama

Adult class with Pastor Tom

### OLD-FASHIONED HILO STYLE CHURCH PICNIC

Everyone's invited to our "*Old Fashioned Hilo Style Church Picnic*" to be held at the church service on **Sunday, August 12th** after church service in the Building of Faith. We will be having ono bentos with happy rice, shoyu chicken, potato/mac salad, delicious watermelon and shaved ice and much more!

Beverly Dodo and her committee have planned Bingo with lots and lots of prizes, lucky number and guessing games with prizes.

The children will enjoy our water castle outside on the lawn, so bring your swimming suits.

Remember, this is all "FREE". Save the date, Sunday, August 12<sup>th</sup>. See you there! The picnic is open and free to EVERYONE!



### VOLUNTEERS FOR SUNDAY

**USHERS:** IYAA

**FLOWERS:** Tokie Fujimoto

**CHILDCARE:** Jane Kawazoe

**LAYREADER:** Gloria Kobayashi

### VOLUNTEERS FOR AUGUST

**USHERS:** Newton Chu, Roberta Chu

**FLOWERS:**

8/5: Ichiko Hisanaga (Mem), Anne Sadayasu (Mem)

8/12: Margaret Ushijima (Mem)

8/19: Barbara Iwami (Mem), Dr/M Bill Chen (Mem)

8/26: Herbert Watanabe (Mem)

**CHILDCARE:**

8/5: Kay Kawachika

8/12: Ichiko Hisanaga

8/19: Connie Yoshiyama

8/26: Reiko Masutomi

**LAYREADERS:**

8/5: Millie Daikawa

8/12: Stefan Tanouye

8/19: Newton Chu

8/26: James Yoshiyama

**REFRESHMENT:**

8/12 CHURCH PICNIC

### AUGUST PRAYER LIST: Birthday

Please pray for and send a greeting to these Birthday people

- |    |                    |
|----|--------------------|
| 01 | Ikeda, Gavin       |
|    | Yoshiyama, Connie  |
| 07 | Brothers, Joan     |
| 09 | Taniguchi, Lisbeth |
| 10 | Hoota, Shelby      |
|    | Nada, David        |
| 14 | Allard, Patricia   |
| 15 | Hernandez, Cara    |
| 18 | Torigoe, Edgar     |
| 19 | Dodo, Beverly      |
| 22 | Kawata, Teruo      |
|    | Smith, G. Robert   |
| 25 | Yamauchi, Kay      |
| 27 | Kurohara, Randall  |
|    | Shiraishi, Eileen  |

## PERSONALS:

LEI JACK has written and got her book published. Her website is: [www.leirobinson.com](http://www.leirobinson.com) This is where her book is available. "Thank you my church family for all your love and support" Lei

The book is entitled: "My Life Challenges". In her foreword she states: "My aim in writing this book is to share different experiences from my life with you the reader in hopes that you may come to see yourself as I have overcome heartache and that you will be inspired to know that life can get better. Each section is an event or series of events from my life, some filled with sorrow and pain and others filled with hope, humility and joy."

Come out on the lanai, take your shoes off. Kick back and listen as Leilehua Amy Robinson talks story about many of the events that have shaped her life. Lei weaves a story of ups and downs from childhood to today and recounts the numerous times when angels have saved her life. In her own words and "local style" Lei reminds us all to never give up.. to keep the faith.

"We should never be ashamed to ask for help, and to do the best that we can do to stay alive. Life is a gift and living is a privilege. Take it seriously."

The cost of the book is \$8 plus postage.

## From the Hawaii Conference Coconut Wireless – July 18, 2012



Hilo Coast Member Wins Award  
Gary Hoff, husband of Hilo Coast UCC Pastor Linda Petrucelli, was recently recognized by the Hawai'i Chapter of the Society of Professional Journalists for his editorial cartoon, "A Sobering Statistic," published in the *Hawaii Tribune-Herald*.

The judges said Hoff's cautionary cartoon about the danger of exposing unborn babies to drugs and alcohol was "a nice approach to a serious subject."

***This coming Friday, the 2012 Summer Olympics will open in London. The following are comments related to the Olympics***

## Reprinted from Home Touch

Sunday, July 22, 2012

Scripture Reading: Ephesians 2:11-22

THOUGHT: The road to success is dotted with many tempting parking places. - Author Unknown

"The Flying Finn" was one of the greatest Olympic athletes of all time. Paavo Nurmi is nearly forgotten today except by those who keep the record books. Nurmi was from Finland and with nine gold Medals and three silver earned from 1920-28, he still holds the record for the most medals in track and field. In overall gold medals for all Olympic events, Nurmi is tied with 1950s gymnast Larisa Latynina, 1970s swimmer Mark Spitz, and 1980s and 90s runner Carl Lewis. Only the swimming phenomenon Michael Phelps has won more, with 14.

But get this! Notice how he won some of these races. During the 1924 Paris Olympics, Nurmi ran *seven races in just six days!* On one of those days, Nurmi won the gold medal in the 1,500-meter race, then *just 26 minutes later* did the same in the 5,000-meter event.

That same night, some his competitors got a glimpse of the secret behind Nurmi's greatness. They were on a 10-kilometer bus ride from the Olympic Village into Paris for a night of celebration, when they looked out the window and saw an athlete running along beside them. It was Nurmi. He was training for his next event!

The Flying Finn reminds me of the Bible verse which urges us to "Run with perseverance the race marked out for us" (Hebrews 12:1 NIV).

Notice that we're not to run someone else's race. We are to run the race "marked out for us." And notice, too, that the secret to success is perseverance.

It's not easy to persevere. Fatigue, impatience and distractions can keep us from moving forward with enthusiasm.

Remember the Flying Finn! He would not let anything turn him aside from his goal: to perform at the top of his powers. We, too, are asked to give it our all, even as Jesus Christ gave his all for us.

- Timothy Merrill

*Prayer: O God, may I persevere in all circumstances. When the sun is shining, or when the rain is falling; when people praise me,*

*or when they ignore me; when feeling well, when feeling poorly. In all things, may I strive for your best for me. In Jesus' name. Amen.*

*welcomed by others. Thank you for your loving kindness. In Jesus' name. Amen.*

### **Reprinted from Home Touch**

Sunday, July 29, 2012

Scripture Reading: John 6:1-21

*THOUGHT: Before you put on a frown, make absolutely sure there are no smiles available.*

- Jim Beggs

Think you're too old to compete? Too old to do anything that matters? Think again. All of us, regardless of age, can do something positive that blesses someone else.

For inspiration, we turn to the Olympics, which will open on Friday. Four years ago, Japanese equestrian Hiroshi Hoketsu was the oldest Olympian to compete in the Beijing Olympics. Last March, the 70-year-old rider made a bid to become the oldest competitor in London, too. Hoketsu qualified for the 2012 Summer Olympics by winning an international dressage meet in France.

At this writing, Japanese officials have not said whether Hoketsu, who is now 71, will actually compete. No matter. Qualifying at the age of 70 for an Olympic sport is quite impressive.

The oldest Olympian in history was Oscar Swahn, who competed in the 1920 Antwerp Games at the age of 72. He earned a silver medal that year as part of the Swedish double-shot running deer team. Swahn won an individual gold medal in his first Olympics in 1908 at the tender age of 60. He won a team gold four years later in Stockholm. Though he was defending champion in the running deer shooting, single-shot competition, Swahn managed fifth place in those 1912 games. The winner was a 32-year old named Alfred. He was Oscar's son!

These are examples of people who have a strong desire to stay in shape, to contribute, to show others that age need not keep you from doing what you enjoy.

I know some people whose physical activity is limited, but everyone who meets them is greeted by a smile. A smile is a gift that can be given at any age!

- Timothy Merrill

*Prayer: God of might and glory, help me to grow old with grace. Help me to understand that grace never grows old. It is always*